

**We are safe,
respectful,
and
responsible.**

Prairie View News

Edition Two 2020-21

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PBIS Update

What is PBIS?

PBIS (Positive Behavior Interventions and Supports) is a process for creating school environments that are more predictable and effective for achieving academic and social goals. When we talk about school environments this year, we are also working really hard to include homes, daycare providers, and other settings.

Zones of Regulation

We are continuing with our work on the Zones of Regulation. Kindergarten students received those lessons at the beginning of the year so they can be up to speed on that language and way of self-monitoring. Here (below) is a great visual that can be helpful when talking with your child about the Zones of Regulation.

Looking Ahead — Important Dates

| | |
|-------------------------------|----------------------|
| No School: Thanksgiving Break | Nov. 25, 26, 27 |
| Supply Pickup: 3rd, 4th, 00 | Dec. 9, 12-6:00 p.m. |
| No School: Winter Break | Dec. 23-Jan. 1 |
| Classes Resume | Jan. 4 |
| End of First Semester | Jan 15 |
| No School: Professional Dev. | Jan. 18 |
| No School: Professional Dev. | Feb. 15 |

SPOT Theme

This month, our focus lesson was on *A Little Spot of Respect*. We explored what it means to show respect for things, places, and people. Many students were able to make meaningful connections to ways they show respect, as well as identify people who show respect for them as students and family members. We also watched

ZONES OF REGULATION

| | | | |
|--|--|--|---|
| | | | |
| BLUE ZONE | GREEN ZONE | YELLOW ZONE | RED ZONE |
| Sad Sick Tired Bored Moving Slowly | Happy Calm Feeling Okay Focused Ready to Learn | Frustrated Worried Silly/Wiggly Excited Loss of Some Control | Mad/Angry Mean Terrified Yelling/Hitting Out of Control |



a Kid President video that shared ideas for how to respectfully disagree with someone. A very important part of our learning is questioning our own thinking and the thinking of others as we move towards greater understanding. Learning to do that with respect is not always easy, so this was a great reminder of what we can say and do as we respectfully disagree.

SEL

We are receiving our SEL (Social-Emotional Learning) lessons virtually this year. Most grades are getting alternating lessons and related activities on Wednesdays, while kindergarten students are getting the targeted lessons every week. All of these lessons are similar to what would be delivered in classrooms during a normal school year and build on previous years' learning. They should have some familiar ideas, language, or themes for students in grades 1-4.

OO and Grades 3-4 Families

A booster lesson was created to help students and families remember what online learning and virtual instruction should look like, feel like, and sound like. Please take time to watch this lesson with your child and self-check how things are going. We know this way of learning can be uncomfortable or tricky; however, the best way to make it work is to stay engaged as much as possible, as if you were in the live classroom.

Virtual Expectations Booster Lesson

Rainbow Incentive

In a typical year, we often have classroom and school-wide incentive programs. This year, we will continue that on more of a classroom basis. Teachers will be working with their students to recognize ways students are being safe, respectful, and responsible as they learn either in person or in a virtual setting. Classrooms are working to fill in a rainbow with color "spots" to earn a reward or incentive. Some of our typical ideas don't work so well this year, but a few ideas are: pajama day, virtual lunch with the teacher, camping day, hat day, bring a stuffed animal to "class", virtual field trips, class dance party, etc. We truly are working to create classroom communities that can work together towards common goals by exhibiting positive behaviors.



Library News

From Mrs. Brauns & Mrs. Walowit

We wanted to reach out with some information about the Prairie View Library.

- You can request library books by using the **Book Request Form** or the **Book Request Form in Spanish** which are also linked on the **PVE Destiny Discover** library page.
- Library curbside pickup/returns for Oregon Online K-4 and Phased Restart 3-4 students are the first and third Wednesdays of the month through December (12-6:00 pm). Please have requests in by the Thursday before each pickup day.
- Library classroom deliveries/returns for Phased Restart K-2 students are the second and fourth Tuesdays of the month through December during the am/pm sessions. Please have requests in by the Thursday before each delivery day.
- Tutorials on how to place holds on library books and how to use the request system, as well as links to our weekly Storytimes, can be found on our **PVE Library Tutorials & Read Alouds** page. This is also linked on our **PVE Destiny Discover** library page.
- **Beginning in January**, our curbside pickup dates will be changing to the second and fourth Wednesdays of the month (Jan. 13 and Jan. 27) to coincide with building supply pickup dates to limit the number of parent trips to school. Classroom deliveries for PR K-2 will be on the first and third Tuesdays of the month (Jan. 5 and Jan. 19.)

Happy reading!



Curbside Supply Pickup

The next supply pickup is December 9, 12:00-6:00 p.m. Third and fourth grade families, as well as Oregon Online students in grades kindergarten through second will have another bag of supplies ready for pickup.

Dress for the Weather—Phased Restart

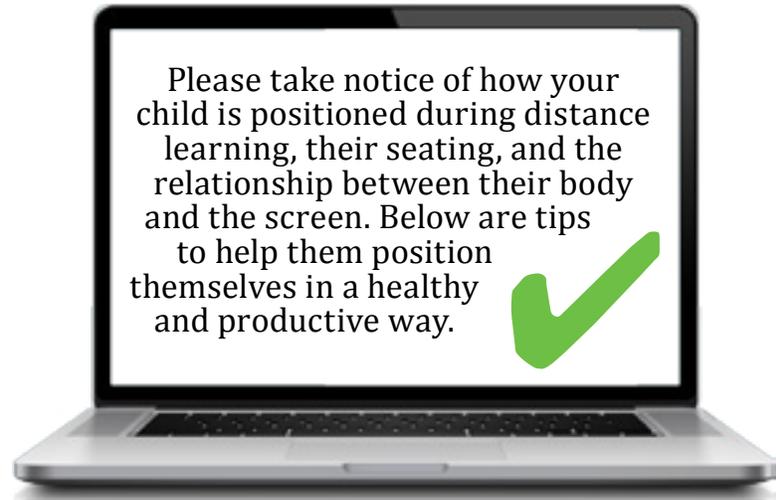


Phased restart students in kindergarten, first, and second grades have a movement break everyday. Sometimes staff members take students outside for those breaks. Please send your child(ren) each day with outdoor gear appropriate for the weather, such as a warm coat, hat, gloves, and boots.

Attendance Line — 835.4200, Option 1

If your child is absent from school for any reason, it is imperative that you call the attendance line (835.4200, Option 1) BEFORE 8:00 a.m. for morning in-person students or **12:00 p.m.** for afternoon in-person students.

Please leave a clearly spoken message with your name, your child's name, and the reason for the absence. Last minute calls should come directly to the office (835.4200, Option 0) and should not be left on the attendance line. Please do not phone or email office or teaching staff directly. Those messages are not always accessible by the person verifying attendance. An email to the student's teacher is considered a courtesy and doesn't replace the guardian reporting the absence on the attendance line.



Please take notice of how your child is positioned during distance learning, their seating, and the relationship between their body and the screen. Below are tips to help them position themselves in a healthy and productive way.

- Observe your child engaging in a virtual lesson. If the computer screen is not at eye level, their neck will be flexed the entire time. If needed, elevate or reposition the computer on books or boxes for the ideal height so their neck is in a neutral position.
- Is their seating appropriate to their size? If the chair is oversized, with them receiving no back support or their feet are not touching the ground, provide additional support with pillows behind them and a foot rest below.
- Consider alternatives to traditional seating.
 - ▶ Prone position with the child lying on their stomach with the device in front of them at eye level.
 - ▶ Seated on a yoga ball or pillow at a coffee table or other low surface. This allows for movement while still attending to the lesson.
 - ▶ Kneeling on a pillow or soft surface with the device placed on a coffee table or other low surface. This is great for core strengthening!

Please take some time to find a comfortable work space without distractions. Make sure your child is positioned so their whole face is visible on the camera. It is very important that they are in one spot for the entire time they are in a Google Meet. Other students are easily distracted when their friends are moving around their room or home.



ORIGON SCHOOL DISTRICT

PVE mission is to "nurture learning in a safe and positive environment where all can achieve their best and become responsible and respectful citizens..."

