

PBIS Update

This month, we have been seeing many safe, respectful, and responsible students throughout the building! The booster lessons we talked about last month have been videotaped and will soon be used to continue to teach kids how to be safe, respectful, and responsible outside on the playground, especially with the new addition of snow!

This month, our weekly announcements included different people in government who used superpowers to help them become the success stories we know them as today. We learned about Fadumo Dayib (Fa-doo-mo Dy-eeb). She and her family were always running away from war and danger, so she couldn't go to school until the age of 14. She worked hard and became the first woman to run for President of Somalia. We also learned about Hilary Clinton. After being bullied as a child, she decided to get into politics to fight for justice and to help others. Eventually, she became the first woman nominated for President of the United States. There were many other superheroes posted on our bulletin board for students to explore on their own!

Zones Lesson

This month we had our third lesson from the Zones of Regulation. This lesson focused on how everybody experiences all of the different zones. It is expected that everyone experiences different zones throughout the day and there are no bad zones. The students were asked to think about what can change their mood or zone and give an example of a time they were in each zone. They ended the lesson by watching video clips of people and characters experiencing different zones and reflected upon what zone the character was in and how they handled the feelings they had. The big takeaway from the lesson was that all of the zones are ok feelings to have, but it is what we do with those feelings that matters. For example, it is ok to be really mad, but it is not ok to throw something because we are mad. The Zones of Regulation are below.

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Mean Terrified Yelling/Hitting Out of Control



Looking Ahead — Important Dates

No School: Thanksgiving	Nov. 27-29
Orchestra/Choir Concert, 6:00	Dec. 3
Winter Break	Dec.23-Jan. 1
School Resumes	Jan. 2
No School: Professional Development	Jan. 20
No School: Professional Development	Feb. 14, 17
No School: Spring Break	Mar. 23-27
No School: Professional Development	April 10, 13

Lions Club Operation Joy Toy Drive Distribution

- Date: December 19th
- Time: 4:00-7:30 p.m.
- Location: Netherwood Knoll small gym
Please enter by door #5 (by the pool)

Important Reminders

- If you need to pick up your child during the school day for an appointment, please send a note in the morning to the homeroom teacher as well as calling the attendance line. Parents should come in the school office to meet their children and sign them out before leaving. Upon your return, please walk with your children into the office and sign them in.
- Please make all after school plans with your children **prior** to the beginning of the school day. **Please don't ask us to relay messages to students for a change in plans or to deliver dropped off items, unless there is an emergency, as it can cause confusion and it is a disruption to the classroom and learning environment. If you have a change from the regular routine, please send a note in the morning for the teacher and inform bus drivers and childcare providers, too.**
- Everyone who is volunteering in our school district needs to complete a volunteer application every year. Please use the online form at <https://apps.raptortech.com/Apply/MTE2NDplbi1VUw==> (or you can find it under the FOR FAMILIES tab on the school district web site). Volunteers for specific events should have completed the online form at least a week before they will participate.

- **Children should arrive at school no earlier than 7:45 a.m.** Student supervision is not available before then. The school day runs from 8:05 a.m. until 2:55 p.m. Children should arrive in time to be ready for class to begin at 8:05. **Students leaving before 2:55, for any reason, will have their attendance marked accordingly at the time they leave.**
- **The school day ends at 2:55.** Children not riding the bus **must** be picked up at that time. When outside supervision ends, students who have not been picked up will wait in the office.
- Visitors for lunch with students, other than a child's parent or guardian, are allowed only with written permission by their parent/guardian prior to each visit.
- We ask that pets not be brought on school grounds, especially in the drop off/pick up area.

Attendance Line — 835.4200, Option 1

If your child is absent from school for any reason, please call the attendance line (835.4200, Option 1) BEFORE 8:15 a.m.

We account for every student first thing every morning. Please leave a clearly spoken message with your name, your child's name, and the reason for the absence, including if they are experiencing influenza-like symptoms. Last minute calls between 8:15 a.m. and 3:00 p.m. should come directly to the office (835.4200, Option 0) and should not be left on the attendance line. Please do not phone or email office or teaching staff directly. Those messages are not always accessible by the person verifying attendance. An email to the student's teacher is considered a courtesy and doesn't replace the guardian reporting the absence on the attendance line. If your child is sick with a cold or the flu he or she may be eligible to participate in a public health study looking at the causes of school absences in the Oregon School District. For more information about the study, please call (608) 265-3164.

Important Safety Message — Drop Off Area

The yellow-striped fire lane is for drop off only in front of the school and is not for parking. Please be aware that students should only be exiting vehicles on the curb side and drivers should **not** be getting out of vehicles while in this yellow-striped, drop off only lane. There is no parking allowed here at any time of the day due to this being a fire lane. Please park your vehicle in the lot if you need to get out, unload on the driver side, or escort your child into the building.



Updates from Mrs. Canfield
(PVE School Counselor)



Bullying. We've all heard the word and have probably used it to describe behaviors that we've seen. However, sometimes it can be difficult to distinguish bullying behaviors from conflict or, plain and simple, mean behavior. OSD defines bullying as "deliberate or intentional behavior using words or actions, intended to cause fear, intimidation or harm. It is a form of victimization and involves an imbalance of power. Bullying is not necessarily a result of, or part of, an ongoing conflict. It may be evidenced by repeated behavior. The behavior may be motivated by an actual or perceived distinguishing characteristic, such as, but not limited to: age; national origin; race; ethnicity; religion; gender; gender identity; sexual orientation; physical attributes; physical or mental ability or disability; and social, economic or family status." What does this really mean? Here are a few distinguishing features of bullying to help us as adults tell the difference.

1. Bullying is intentional.

It is behavior that is done on purpose with the intent of harming another person or persons.

2. Bullying situations have an imbalance of power.

In other words, the person doing the bullying has more power than the person being bullied, and that power is being used to make someone feel uncomfortable, unsafe or scared. Several things can be used as power, including size, age, strength, and popularity. None of these things in and of themselves are "bad" (e.g., it's not bad to be bigger, older, stronger, etc.), but when they are used to make another person scared or uncomfortable, it could be considered bullying.

3. Bullying is repeated over time.

It is not a one-time occurrence. It's something that continues to happen over and over again by the same person.

4. Bullying is one-sided.

It's not a back-and-forth problem. It is one person or a group of people intentionally hurting another person, and that person isn't doing anything back.

PVE is committed to making sure that all students feel safe and welcomed in our school community. To further help our school be a safe and respectful place, students in grades K-4 have been receiving lessons from the Second Step Bullying Prevention Unit during guidance with Mrs. Canfield. In these lessons, your child is learning specific skills to help stop bullying. Students are learning how to: • Recognize when bullying is happening • Report bullying to a caring adult • Refuse to let bullying happen to themselves or others, and • Be a bystander who stands up and is part of the solution to bullying.

If you have any questions about the Bullying Prevention Unit or the Second Step program, please contact Mrs. Canfield at nacanfield@oregonsd.net or (608)835.4245. For more information on our school's anti-bullying policy and specific procedures, check our district website or contact the school office. Thank you for helping us make our school a safe, respectful place where everyone can learn.



<p style="text-align: center;">TEASING</p> <ul style="list-style-type: none"> • EVERYONE IS HAVING FUN • NO ONE IS GETTING HURT • IT'S TWO-SIDED (BACK-AND-FORTH) 	<p style="text-align: center;">CONFLICT</p> <ul style="list-style-type: none"> • NO ONE IS HAVING FUN • THERE IS A POSSIBLE SOLUTION TO THE DISAGREEMENT • EQUAL BALANCE OF POWER • IT'S TWO-SIDED (BACK-AND-FORTH)
<p style="text-align: center;">MEAN MOMENT</p> <ul style="list-style-type: none"> • SOMEONE IS BEING HURT ON PURPOSE • REACTION TO A STRONG FEELING OR EMOTION • AN ISOLATED EVENT (DOES NOT HAPPEN REGULARLY) • IT'S ONE-SIDED 	<p style="text-align: center;">BULLYING</p> <ul style="list-style-type: none"> • SOMEONE IS BEING HURT ON PURPOSE • UNEQUAL BALANCE OF POWER • IT'S REPEATED OVER TIME • IT'S ONE-SIDED





Intro to OSD Kitchens

Interested in working in the Oregon School District Kitchens but not sure if it is the right job for you?

Join in on a picture tour of a school kitchen and see what we have to offer. From food prep to serving to all the behind the scenes work, see if there's a place for you! *This is a free event, but registration is required.*

Tuesday, December 3rd
11:30am - 1:00pm

Oregon School District Office | District Services Meeting Room
123 E Grove Street, Oregon, WI 53575
Please call 608-835-4031 to RSVP

PTO News Flash
Square One

All Square 1 orders were submitted and should arrive soon. We had a lot of orders this year. We are still calculating our total profit and will share that on our Facebook page. All orders will be coming home on Dec. 3rd. If anyone is interested in helping to pass out the items to teachers, please contact Dianna Johnson at dlauper2002@yahoo.com.

Clubs Choice Fundraiser

We wrapped up our BIGGEST fundraiser of the year on November 20th. We are still calculating our final numbers and will post on our Facebook page. Thank you to everyone who supported this fundraiser either by buying items or donating. We appreciate your support! This fundraiser provides the LARGEST portion of our PTO budget and provides so many things for our schools, classrooms, teachers, and students! Distribution is on Wed., Dec. 18th, 3-8:00 p.m. in the PVE Small Gym. ALL FROZEN ITEMS MUST BE PICKED UP THIS DAY!

Operation Joy Toy Drive

The Lions Club is taking over our Toy Drive as it outgrew our organization's ability to help. They are currently collecting new toys. Drop off bins are located at the Oregon Police Department. Distribution will be on Thursday, December 19th from 4-7:30 in the NKE Small Gym.

Dine Out for Education

November's Dine-Out was at Noodles and Company in Fitchburg. We raised over \$550! Thank you to all who came out to support the PTO. We will have NO Dine Out for December. Our next Dine Out will be January 14th (PVE) and 15th (NKE) at Pizza Hut here in Oregon from 4-8:00 p.m.

Open Gym

Our next Open Gym will be on Sunday, December 15th from 1-3:00 at PVE. For more information, please contact Boz at bozkillbrew@gmail.com.

STEAM Fair

The date for this year's STEAM Fair is Saturday, March 7th. Save the Date sheets will be coming home soon, so be on the lookout. If you have any questions, please contact Jamie, Boz and Leslie at steamfair@oregonpto.org.

PTO Meeting

We will be taking December off for meetings. Our next meeting will be Thursday, January 16th, 6:30-7:30. Our guest speaker will be Superintendent Dr. Brian Busler to update us on the new Fitchburg school building and how the boundaries are going to look. Questions or comments can be sent to Vice President Heather at vp@oregonpto.org or Vice President Elizabeth at vp_elizabeth@oregonpto.org.

Performance Dates for 2019-20

Fourth Grade Chorus and Orchestra Concert

Tuesday, December 3, 6:00, Big Gym

Third Grade Fairy Tale Festival Concert

Friday, February 21, 2:15, Big Gym

Second Grade Spring Sing Concert

Friday, April 3, 2:15, Big Gym

Fourth Grade Chorus and Orchestra Concert

Tuesday, May 12, 6:00, Big Gym

Fourth Grade Heritage Day Concert

Friday, May 22, 2:15, Big Gym

Kindergarten Celebration Concert

Wednesday, June 3, 2:15, Big Gym



PVE mission is to "nurture learning in a safe and positive environment where all can achieve their best and become responsible and respectful citizens..."

OREGON SCHOOL DISTRICT

